

## Materials for Midwife Kits

(Please use new or clean used items in good condition)

- 2 cord ties: 8" narrow lengths of selvage, 1/4" twill tape or heavy white knit/crochet cotton
- 1 razor blade (single-edge, safety-wrapped), may be purchased at a home improvement store
- 1 regular size bath towel
- 1 36" square muslin or sheeting
- 1 wash cloth (thin)
- 1 bath size bar Ivory soap
- 1 newborn stocking cap (keep hand-knit ones *very* small)
- 1 small cotton-blend or flannel shirt (to waist only as the babies do not wear diapers)
- 1 receiving blanket
- 1 pair plastic or latex gloves (clean, not sterile), NO kitchen gloves

Place the cord ties and razor blade inside a small Ziploc bag. Wrap everything else inside the bath towel and place this, the small Ziploc bag, and a card labeling it **Midwife Kit** inside a 2-gallon Ziploc bag. Squeeze the air out of the bag before sealing it.